

This Data Sheet is prepared to describe specific programs, courses, methods, and training recommendations

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## OSHA Excavation Competent Person Training

### Purpose

This course follows the federal Occupational Safety and Health Act regulations dealing with excavations. The individual who successfully completes this training will meet the guidelines established by OSHA as a competent person.

### Course Topics

- ◆ Federal, State and Local Regulations
- ◆ What is OSHA
- ◆ Site Inspections
- ◆ Soil Identification and Testing
- ◆ Shoring and Sloping Considerations
- ◆ Spoil Banks
- ◆ Worksite Set-up
- ◆ Field Demonstration
- ◆ Course Exam

### Methods

Methods of instruction include lecture, class discussions, and field activities. All the topics are covered in a one-day class. Emphasis will be placed on safety and the need to follow the established safety regulations for trenching and shoring.

### Fees

Fees for this one-day training course are \$125.00 per person.

### CEUs

Participants will earn .6 CEUs.